



# ROCK PREMIUM PRODUCTS ADVANCED PROGRAMME

\*\* We recommend if using coco, to flush with No More Gnats before planting to eliminate sciarid fly or fungus gnats \*\*

RECOMMENDED PRODUCTS	GROW					FLOWER							
	wk 1	wk 2	wk 3	wk 4	wk 5	wk 1	wk 2	wk 3	wk 4	wk 5	wk 6	wk 7	wk 8
Rock Star A & B Nutrient	2ml A & B	COCO FORMULA				2-4ml	COCO FORMULA				2-4ml	2-4ml	2-4ml
Rock Nitro	0.5ML	0.5ML	0.5ML	0.5ML	0.5ML								
Rock Super-growth			0.5ml	** NOTE must adjust PH **									
Nitrozyme	1ml	1ml	1ml	1ml	1ml								
Superthrive	0.25ml	0.25ml	0.25ml	0.25ml	0.25ml	0.25ml	0.25ml						
Supercharge Root Tonic	1ml	1ml	1ml	1ml	1ml	1ml	1ml	1ml	1ml	1ml	1ml	1ml	1ml
Rock Burst						2.5ml	2.5ml	2.5ml	2.5ml				
Rock Resinator							2ml	2ml	2ml	2ml	3-4ml	3-4ml	4ml
Quickturn or Ezi Turn							QT Part A	QT Part B					
Rock Juice, super-bud or Meister										5ml			
Atomic										1-2ml	1-2ml	1-2ml	1-2ml
IN GROW PERIOD KEEP NUTRIENT SOLUTION BETWEEN 1200 - 1600 PPM						IN FLOWER PERIOD KEEP NUTRIENT SOLUTION BETWEEN 1400 - 1800 PPM							

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PH SHOULD BE 5.5 - 6 ALL THE WAY THROUGH